### Aus n Independent School District High School Lesson Overviews Human Sexuality Curriculum

High School

#### School Year 2022-23

- Develop group agreements
- Define Sexuality
- Explore message about sexuality
- H1.18.(A) analyze how friendships provide a founda on for healthy da ng/roman c rela onships;
- H1.18.(B) iden fy character traits that promote healthy da ng/roman c rela onships and marriage; and
- H1.19 (B) analyze the characteris cs of harmful rela onships that can lead to da ng violence;
- H1.19.(C) analyze healthy strategies for preven ng physical, sexual, and emo onal abuse;
- H1.19.(H) explain the importance of repor ng to a parent or another trusted adult sexual harassment, sexual abuse, sexual

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	<ul> <li>H1.20. analyze the importance of telling a parent or another trusted adult, obtaining early pregnancy tes ng, and seeking prenatal care if signs of pregnancy occur.</li> </ul>	<ul> <li>Describe the menstrual cycle and how it prepares the body for a pregnancy</li> <li>Discuss the importance of prenatal care</li> </ul>
the p.a.p.a. curriculum O ce of the Texas A orney General	<ul> <li>H1.18.(C) describe how a healthy marriage can provide a suppor ve environment for the nurturing and development of children.</li> <li>H1.21.(A) research and analyze the educa onal, financial, and social impacts of pregnancy on teen parents, the child, families, and society, including considering the e ects on one's personal life goals;</li> <li>H1.21.(J) explain the legal responsibili es related to teen pregnancy, including child support and acknowledgement of paternity.</li> </ul>	<ul> <li>Explore some myths and facts of paren ng and paternity</li> <li>Define Parent</li> <li>Explain the pathways to legal fatherhood</li> </ul>
	<ul> <li>H1.17.(B) analyze the role that alcohol and other drugs play in unsafe situa ons, including sexual abuse and assault</li> <li>H1.19.(D) analyze how a healthy sense of self and making and respec ng decisions about safe boundaries and limits promote healthy da ng/roman c rela onships;</li> <li>H1.19.(F) examine factors, including alcohol and other substances, that increase sexual risk and that a ect se ng, perceiving, respec ng, and making decisions about boundaries;</li> <li>H1.19.(G) examine and discuss influences and pressures to become sexually ac ve and why it is wrong to violate another person's boundaries and manipulate or threaten someone into sexual ac vity</li> <li>H1.21.(F) analyze emo onal risks that can be associated with sexual ac vity for unmarried persons of school age, including stress, anxiety, and depression;</li> </ul>	<ul> <li>Define personal boundaries</li> <li>Examine sexual abs nence and the rela onship to boundaries</li> <li>Explore situa ons when it might be hard to maintain boundaries around sexual ac vity</li> <li>Describe ways to be respec ul of other people's boundaries</li> </ul>

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• H1.21.(G) analyze the importance and benefits of abs nence from sexual ac vity as it relates t

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H1.19.(E) explain and demonstrate how refusal strategies can
be used to say "no" asser vely to unhealthy behaviors in
da ng/roman crela onships;