

# School Health Advisory Council (SHAC)

Annual Report, 2015-16

Kathy Green, Chair

Lauren Nottingham, Vice-Chair

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# Austin ISD SHAC

## Who we are

- Required by the Texas Education Code, 28.004
- A volunteer committee, serves as an advisory body to the Austin ISD School Board
- Parents, Community Leaders, School Personnel, Content Experts
- 4 Sub-committees



# Austin ISD SHAC

What we do

Working together to improve the health and educational outcomes of all students and families through coordinated school health programs



# Accomplishments & Recommendations

## What have we done

- Developed recommendations for a daily recess policy in all district elementary schools.
- Provided input on the district strategic plan.
- Supported the further roll-out of Breakfast in the Classroom.
- Reviewed district health curriculum.



# 2016-17 SHAC Goals

## What we intend to do

### Nutrition:

- Support promotion of AISD Nutrition and Food Services as the “meal of choice” for district students
- Support efforts to expand catering for district events and PTA meetings
- Support Good Food for Austin pilot with City of Austin Office of Sustainability
- Help Food and Nutrition identify ways to close the gap in un-enrolled SNAP-eligible families

### Sex Education and Reproductive Health:

- Review current sex education curriculum



# 2016-17 SHAC Goals

## What we intend to do

### Physical Activity/Education:

- Work with District Administration to implement new recess requirements and final policy approval.
- Explore how new ESSA funding through Title 1 and Title 4 could be allocated to PE and Health programs and ensure that PE/Health guidelines are communicated to principals
- Review PE/Wellness indicators and results from HB 5 measures for campuses to determine if adjustments need to be made
- Research options and make recommendations for additional support for the District PE Dept.







# Questions & Comments

What do you need to know?

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